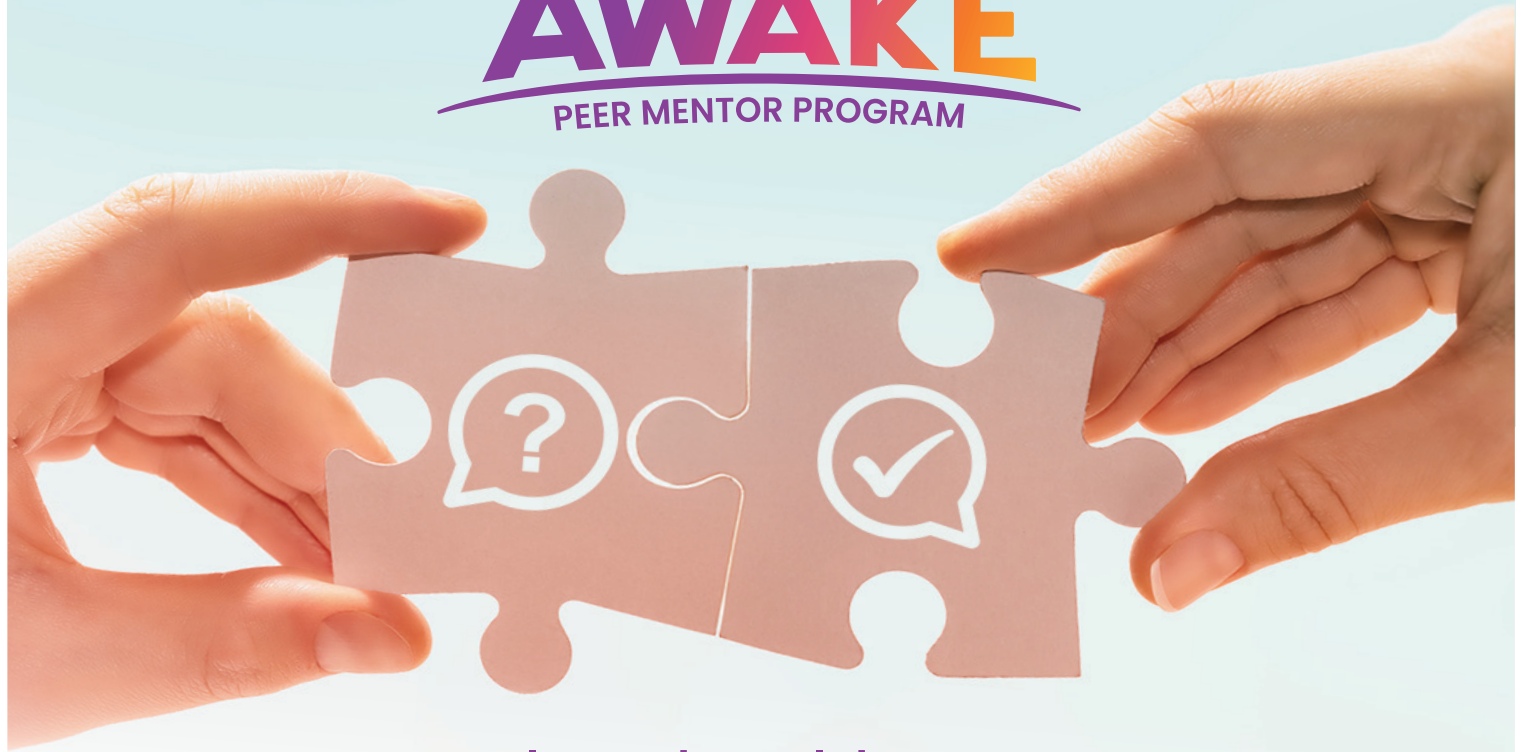


WSCN presents...

AWAKE

PEER MENTOR PROGRAM



sleephealth.org

The **AWAKE Peer Mentor Program** by WSCN for sleep apnea patients offers **free**, friendly, virtual one-on-one support for anyone new to PAP therapy. Experienced mentors are available to listen, share tips, and support your learning, so you don't have to do it alone.

Your AWAKE Peer Mentor can help you with common challenges such as:

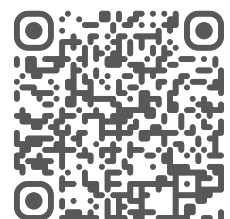
- ✓ *Mask Discomfort*
- ✓ *Emotional challenges of starting a new treatment*
- ✓ *Getting used to using the device*
- ✓ *Lifestyle and travel with PAP*
- ✓ *Side Effects of PAP therapy*
- ✓ *Device operation, cleaning, and maintenance*

Ready to get a mentor?

Register online with WSCN to be matched with a friendly AWAKE Peer Mentor <https://www.sleephealth.org/wscn/awake-peer-mentor-program/>

Have questions about WSCN's AWAKE Peer Mentor Program?

Contact us at manager@sleephealth.org or call (888) 293-3650



DISCLAIMER: Our mentors are not medical professionals and as such their advice does not constitute or replace the qualified advice of your doctor.